



NEWS

UP FRONT

Greetings Church Family!

We find ourselves in Lent, a season where we prepare our hearts and minds for Resurrection Sunday. We are reminded that Jesus is the spotless lamb of God who offered himself as our sacrifice. He intimately joined our lives in flesh, compassionately healing, teaching and loving us as our Good Shepherd. On the cross, He gave His life for our transgressions, and three days later He rose triumphant in victory over sin, death and the devil.

Please join me in praying that we would experience a generous portion of the Spirit of God this Easter season. That those who are far from God, would darken our doors; and that the saints would be edified.

I would like to call your attention to two updates:

First, we finally obtained the necessary updates for our streaming equipment and it has been working wonderfully. We are now able to record our service each Sunday and upload them onto Youtube the following Monday. In fact, the equipment has been working so well, I have been able to cut and make short clips of the service and put them onto our Facebook page. At the time of this writing, one of the recent clips has 515 views. What a great thing to celebrate!

Secondly, we had the first of several Sacred Conversations as a church body. There was a tremendous showing of people and I think the overall mood of the meeting was very positive. I will send an update about the meeting in the next few weeks, but I will give you a brief overview of some repeated themes of the values people believe Central holds as a church.

- **WE AFFIRM PEOPLE’S HUMANITY.** People are welcome in this place and we do not seek to be a church that will “beat the humanity” out of someone. What a refreshing thing to value as a church body. In this value, it implies that we welcome all people.
- **GENEROSITY.** We are generous people and are quick to give to various cases and needs. This can be seen in our giving to missionaries, families in need, and to several local organizations.

COMING UP

3/2 Men’s Breakfast, 8 a.m.
 Merriam Hall
 3/12 Leadership Coordination,
 6:30 p.m.
 3/16 Men’s Breakfast,
 8 a.m. Merriam Hall

Church Office
 8-5, M-F
 Children’s House
 7:30-5, M-F

- **COMMITTED TO DOWNTOWN.** Unanimously, people agreed that one of the values we have as a church is that we are committed to spreading light and joy to downtown Springfield.

Being able to articulate our core values is important as we seek to dream a new dream for Central. They serve as guardrails and help us to say yes to certain things, and no to others. We can't be everything to everyone.

I am excited to see where God leads us and I look forward to walking through this process with you!

In Christ,
Dr. Tony Stang

WHAT'S HAPPENING

Kumler & New Berlin Food Pantries

Have you ever brought any nonperishable food to church for the Kumler Food Pantry? It is a way for us to help a neighbor in need. Please pick up an extra can or two or three of nonperishable food and put them in the Serve the World Center and we will take care of the rest. Feed the hungry!!!

Wednesday Night Dinner Shelter Meals

We provide meals for Contact Ministries through MealTrain. Instructions are on the Meal Train web site. Type this link into your browser to sign up: <https://mealtrain.com/yoog5m> or call the church office and Rachael will sign you up.

Dates to Remember

3/2 & 3/16 Men's Breakfast meets at 8 a.m. in Merriam Hall for food and fellowship. All men of the church are invited.

3/12 Leadership Coordination Team meets at 6:30 p.m. in Weber Lounge.

NEWS AND NOTES

The Weber Lounge refurbishment is almost complete and we want to thank those who contributed to complete the project. Please come and take a look at the finished room. Your contributions were so much appreciated. This helps to keep our church building up to date and useful.

Phase two is the Weber kitchen. We would like to up date the kitchen by changing appliances, counter tops and backsplash. If anyone would like to contribute to this project, please put your offering in the pew envelope and label it Weber kitchen. Your check can be written to Central Baptist Church with Weber kitchen in the memo. Any donation is appreciated. Thank you.

Ruth Ficke
Joleen Welch

BIRTHDAYS

3/2 Syl Grisham
3/5 Phyllis Hudspeth
3/6 Brady Zeiger
3/16 Judy Vlach
3/17 Jim Walker
3/21 Sharon Smith
3/29 Bill Smith
3/29 Jim Stolleis

ANNIVERSARIES

3/10 Judy and Don Vlach
3/21 Anne and George Tankersley
3/31 Jennie and John Alt

If we missed anyone, let us know at rachael@cbcchurchfamily.org

CBC New Berlin Food Pantry Donation

Congratulations to the McDermand Sunday School class for their Souper/Super Bowl Sunday collection. The three Sundays preceding the Super Bowl the class members contributed 59 cans and 3 packets of soup, 1 box of saltine crackers, 1 bag of oyster crackers and 2 cans of chili. Thursday, February 15, Malcolm McKean and Barbara McKean delivered the collection to New Berlin for distribution by the food pantry volunteers. All of this was a result of the January 14 Sunday school lesson challenging us to practice firsthand acts of service to the needy in our communities. (Luke 4:18-19)



NOTE FROM CONNECTED PAIRS

March 2024

Relationship Article

How to Show Your Partner You Love Them, According to An Expert.

This article is written from an interview with Suzy Daren, Marriage and Family Therapist. She explains The Five Love Languages and examples of how to use them in your relationship. Some examples she gives are:

1. Communicate with words. If the Love Language is Words of Affirmation, kind words are well received when they come from the heart. Leaving love notes is a great way to do this.
2. Show affection through actions. Help your partner with chores without asking.
3. In order to prioritize quality time, schedule it together.

To read more about this, click [here](#).

Blessings,
Stephani Cave, LCPC
ConnectEdPAIRS
217-972-4851to

Donna Givens, RN LCPC
618-973-5072

For more information about relationships, follow ConnectEdPAIRS on FaceBook. For more information about any ConnectEdPAIRS service, please visit the website at www.connectedpairs.com, call, or email the counseling office.

